



## Hair Removal

Please start your hair removal as soon as possible. **You should allow at least 6-9 months for optimal hair removal. It is important that you do not have any hair removal sessions within 2 weeks of your surgery date.**

We recommend electrolysis, for more permanent hair removal. Your hair removal provider will be able to offer guidance on the most appropriate type of hair removal for your specific skin type and goals.

Some insurance plans offer coverage/reimbursement for pre-operative hair removal. You will need to verify with your specific plan to see if this is an option. Your hair removal provider will be able to assist you with the required documentation.

The green box on the diagrams below represent the area that will create the urethra. If you are only able to complete limited hair removal sessions, this should be the area of focus.

If you have any doubts, more hair removal is always better!

If you have any questions or concerns regarding hair removal do not hesitate to reach out to our office.

**California Office:** 575 Sir Francis Drake Blvd, Ste 1, Greenbrae, CA 94904

Ph: 415.625.3230 | Fax: 415.461.3233

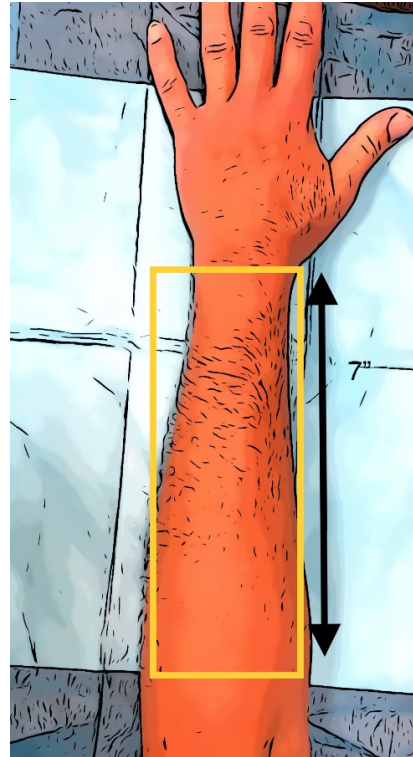
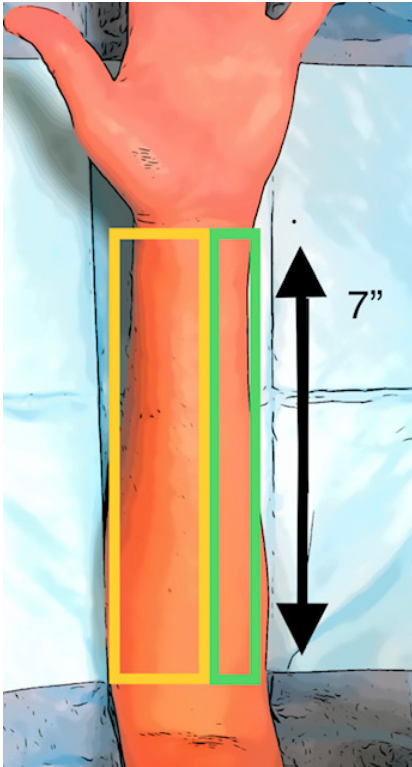
**Texas Office:** 5656 Bee Caves Rd, Ste J201, Austin, TX 78746

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## Phalloplasty Hair Removal Template

### Radial Forearm (RFA)



Hair removal should include 7 inches around the entire forearm (yellow box), from your wrist to the bend of your elbow.

The urethra will be a 3-inch wide area on the inside of the forearm (green box)

If you are only able to complete limited hair removal sessions, this should be the area of focus.

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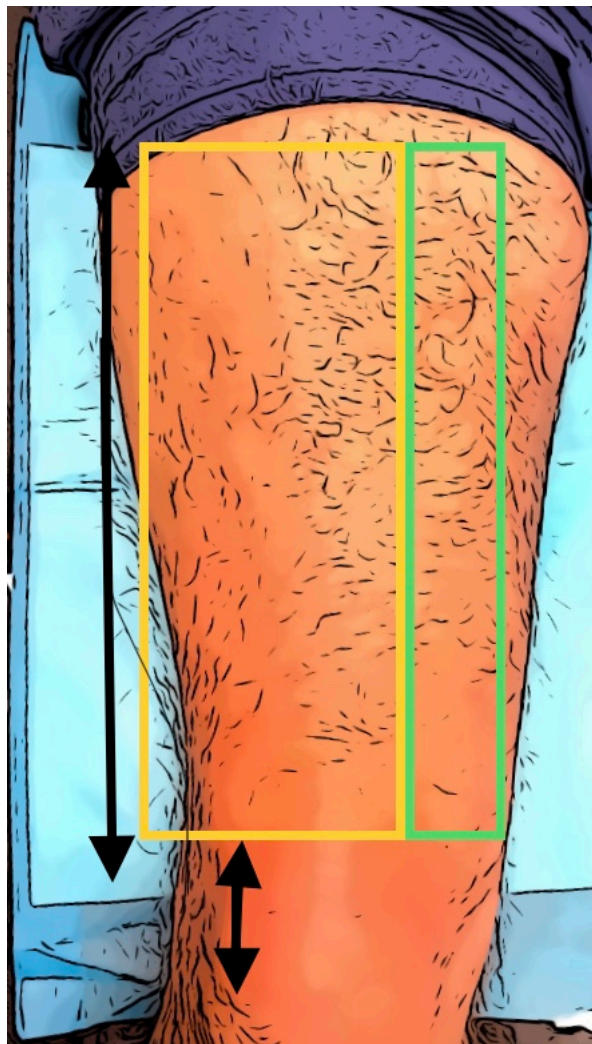
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## Anterior Lateral Thigh (ALT)



Approximately, 10-inch x 9-inch area on the front of your thigh, starting 2 inches above the knee cap. This should extend up to the groin/thigh crease.

The urethra will be a 3-inch wide area on the inside of the thigh (green box)

\* This represents the average for most patients, if you have discussed a specific phallus length with your surgeon you will need to adjust the size of the area for hair removal.

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